



NTS NEWSLETTER

Seasonal Cake Display in the Food Technology Department

Mrs K. Bryan, Mrs Cass and Mrs L. Johnston

AUTUMN
TERM

December 2012

Compiled by
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School Librarian

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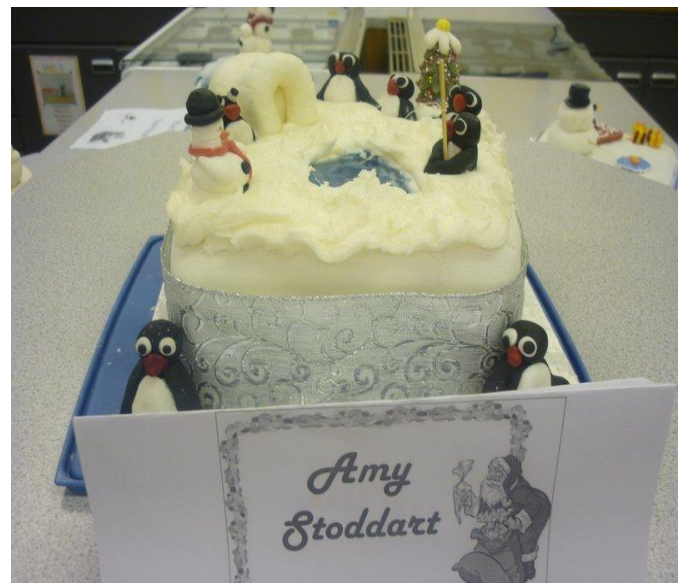
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Headmaster:
Mr D.S.
Northwood



Pupils in Years 10 and 11 Food Technology classes have again produced a beautiful display of cakes this year. The traditional Christmas cake with a fruit cake base decorated with marzipan and white fondant icing was presented in a wide range of exciting designs. One cake notably had an icy lake (made from a clear boiled sweet) with penguins surrounding the scene all enjoying the chance to fish for food.



Colours included a pink and white cake and features used in decorating were Father Christmas, the chimney of a house with Santa at the ready, reindeer, Christmas trees, snowmen and fat robins! One cake had a post box with a snow topping and the scope of the ideas has increased even more from these hardworking pupils.

Chocolate logs decorated by Year 7 students with Mrs Cass were also exciting, with fine delicate finishes of chocolate and holly leaves as well as coloured decorations.

We are overcome with the enterprise and diligence of these pupils and the support from carers and relatives. Many congratulations to all pupils who took part in this seasonal occasion.

Library News

Mrs Crone

Bookbuzz



The free books Year 7 pupils ordered in September arrived last month. Pupils were able to choose from a selection of books provided by Booktrust's new reading programme, **Bookbuzz**, which replaced **Bookedup**. Unfortunately, schools had to pay for the scheme this year which was £600. However, FONTS came to the rescue and contributed £350 towards the cost, for which we were extremely grateful. The books caused a real buzz amongst the Year 7s when they arrived thus highlighting the true worth of a scheme such as this.

Book Fair

The Book Fair was held in the School Library from 10th - 14th December. All pupils had a timetabled visit with their English teachers and a total of approx. £1,200 worth of stock, supplied by Hills Books of Workington, was sold. This enables the School to purchase £300 worth of books for the School Library. Thanks to all pupils and parents who supported this.



The standard was high for this year's Year 7 Book Fair Poster Competition but, after much deliberation, the winners were Joe Tweddle 7CJ & Chloe Waning 7KLT. They each received £10 book tokens to spend at the Book Fair. The 10 runners-up received chocolate bars and Xmas pencils and the 12 highly-commended received Xmas pencils. Well done to all!

Music Department News

Mrs Small



The Music Department recently celebrated Founders' Day in St Mary's Church. Included in the service was a solo flute performance by Cameron Cullen, the Choir involved singers from the NTS choir, All Stars and Music GCSE and A Level students. The band was provided by Year 12 students.

Rock Night

Rock Night was held in October and there were 12 bands playing in the main hall ranging from Year 8 through to Year 13. Rock Night's committee involves students and their chosen charity for the event was 'Help for Heroes'. The ticket sales raised just over £400.

The Reel Jigglers

Mr Coxon and his band of Reel Jigglers entertained the crowd at Globe Hall Ireby in October with a Ceilidh. The band consists of students ranging from Year 7 to Year 13 and the event was in aid of St James' Church, Uldale and raised approximately £200.

News from Former Students

We have just had some amazing news from former pupil, **Hugh Holton**. Hugh has been chosen to compose music for a Ballet to commemorate the 100th anniversary of Stravinsky's Rite of Spring which will be performed by the BBC Scottish Symphony Orchestra in May next year.

The Music Department Christmas Concert

The Christmas Concert, which was on 10th December, was very well attended. Performances included: Samba Band, Big Band, Clarinet Group, Festival Orchestra, FHAFF, NTS Choir, All Stars and many others. Thanks go to all the staff and students who contributed in any way.

Sambandits

The Samba Band was involved in the celebrations leading up to the Switch-On of Carlisle Lights. Twenty-five pupils were involved in the parade and many members of the public enquired about the band and said how much they had enjoyed it.

Wigton Rugby Club

NTS pupils and staff provided entertainment for the Rugby Club's Christmas party on December 11th. Performances ranged from: the Choir, All Stars, Solo Guitar, Clarinet Solo, and Solo Vocals. The Rugby Club members asked us to come back next year, so we must have impressed them!



Durham University Support Progression Programme

Miss Hayton

Gifted & Talented Coordinator

The Supported Progression is a scheme for talented students studying in the North East and Cumbria who have the potential to study at a university like Durham and who will benefit from additional help and support to reach their full potential. 18 of our Gifted & Talented Year 10 students initially displayed an interest in participating in this scheme and after completing eligibility forms, 6 students were selected by the university to produce formal applications.

This application process involved giving information about the higher education history of their parents, outlining their predicted GCSE grades and creating a personal statement to explain why they would benefit from the scheme and what characteristics they could offer. A teacher reference was also included from the school about each pupil and based on all these parameters, Annie Bowe, Joseph Jackson, Emily Lowes and Michael O'Connor were all offered one of the 170 places on the programme.

They will now be involved in two residentials between April and August where the pupils will enhance their subject knowledge, gain valuable study skills and develop key personal skills including confidence, communication, teamwork and presentation skills. The Year 10 pupils will also get the chance to meet and work with students currently studying at Durham University. They will experience, first hand, what living at university is like and benefit from information, advice and guidance to support their future plans and aspirations.

An Ogden Trust Physics Master Class comes to NTS

Mr Brockbank



On Thursday 29th November, 100 Lower Sixth Physics students from NTS, Caldew, Trinity, William Howard, QEGS and Appleby gathered in the J Hall after school to hear Dr Harald Fox of Lancaster University speak on the Standard Model of Particle Physics and explain the Higgs Boson to the students. Afterwards, we retreated to the labs to be shown the normally invisible paths of alpha radioactivity in cloud chambers specially constructed for the occasion. The school has been allowed to keep two of the cloud chambers. We were also gifted the remains of the dry ice so that the experiment could be shown to as many classes as possible the next day. The event was very well received and inspired our students. I was grateful for the support of members of the Science department who gave up their time to help direct people round the school. A notable first was the presence of the Head Teacher of the host school at an Ogden Trust event, and I am very appreciative of the support.

Success for Team Alpha!

Miss Coan



NTS's very own 'Team Alpha' (Bethan Spencer, Astrud Turner, Jack Watson and Sarah Wolstencroft) have won the Best in Biology category of the National Physical Laboratory's School Science Film Challenge 2012, receiving a trophy, certificates and a £75 cheque for NTS Science department: an excellent achievement. Well done!

Debating Society

Ms. Beattie



It has been a hugely successful term for the School's new Debating Society and the Sixth Form students involved have an equally busy calendar planned for the coming spring months.

At the helm, we have Trent Warmate as the Society's President, with Chloe Esslemont and Ben Wilde acting as Co Vice-Presidents. Alison Ogden holds the title of Chief Researcher.

As well as running a cycle of debates in the library, open to the whole school, we have also sent teams farther afield to compete in hotly contested national competitions, such as the popular English Speaking Union Mace competition and the Debating Matters regional round.

Chloe Esslemont and Lydia Barthelmes swept the boards at their first debate, held by the English Speaking Union in Lancaster. They move onto the next round in Liverpool to contest their place in the Northern Finals.

Trent Warmate and Ben Wilde also did the school proud as they narrowly were pipped to the post in the Debating Matters competition in Gateshead, accompanied by Tim Johnson and Jay Brannon showcasing their diverse skills in a mock debate on Tax Avoidance.

All students representing the school have been highly commended on their reasoning skills and stylish delivery; many judges could not believe it was the students' very first experience of competitive debating, such was their assured manner and polished arguments.

The Debating Society will continue to fly the Nelson Thomlinson flag next term as they contest places in the newly minted Carlisle Consortium competition.

With success consolidated and much to look forward to in the spring term, I have every faith that the Debating Society will move from strength to strength. It has been a genuine privilege to work with so many intelligent and motivated Sixth Formers in our school.

Clothes Show Live 2012

Mrs Winskill



It was with an air of excitement that 47 pupils and 4 members of staff boarded the coach at 7am on Monday 10th December and headed down the M6 towards the Clothes Show Live 2012. After a relatively smooth journey down we disembarked into the bright and welcoming halls of the National Exhibition Centre. On offer were trade stands showing the latest themes and fashions available on the high street as well as stalls with goods to purchase. A number of catwalk shows were highlighting the talents and abilities of the various fashion colleges and courses that are available around the country; their stands were also really impressive.



The highlight of the trip was the live fashion show that takes place in a large arena with an impressive light and sound display. Fronting this year's performance was JLS who were greeted, as you can imagine, with a huge roar and standing ovation. A mixture of high energy dance routines and traditional runway modelling showcased the fashions with skill.

Although it was a long day, the journey home was filled with excited chatter and happy pupils, many already looking forward to next year. Overall, the trip provided all the pupils with huge amounts of inspiration and ideas that they can apply to their studies in the future.

R.E. News

Miss Clay



The Upper Sixth RS group enjoyed a visit to the Zen Buddhist Monastery at Throssel Hole in Northumberland. They met with a monk who had been meditating for 17 years - a lifetime for some of the students! They explored the shrine room, watched some Zen rituals, experienced meditation and were able to ask numerous questions about Mahayana doctrine and the monastic lifestyle. It was an enriching and thought-provoking visit which provided an excellent insight into the spiritual life of Zen.

Community and Enrichment

Mr Beechey

Fund-Raising Events Shoe box appeal tops 400!



(Year 12 organisers – Rachel Horton & Elise Warwick)

This year students and staff collected a tremendous 406 shoe boxes in the Samaritans Purse appeal. There was a hive of activity in the weeks leading up to the November deadline with students wrapping boxes, raising money and putting care and effort into filling their boxes. £1000 was contributed to pay for the shoe boxes to be transported to different parts of the world. Jack Barna brought in 150 empty boxes which were used by the tutor groups across the school. Thanks should go to the Lower Sixth students who helped.

Quiz question: how many shoe boxes fit into a Skoda Octavia Estate with the driver legally allowed to drive?

Answer at the back:

Mr Beechey fit 178 into his!

Royal Dragoon Guards Presentation

In 2010 Sergeant Bob Monkhouse was tragically killed in action serving in Afghanistan as a medic. Sergeant Monkhouse was a committed soldier and devoted family man from Aspatria. During a School Council meeting at the start of the year his nephew, Jack Story (Year 11), requested if any charity efforts could be directed to the

Royal Dragoon Guards Association. They have provided invaluable support for Bob's family, including financial support since Bob's death. The council members were touched by Jack's speech and agreed that the proceeds of the Founders' Day collection should go to the Association. On Founders' Day £500 was raised, however, Jack requested if he could undertake further fundraising both in school and at Innovia and he successfully raised another £500.



Following on from this, on November 30th Mrs Baron welcomed Sergeant Major Graham Riley and Sergeant Major Paul Cochraine to the Year 11 assembly. They entered the assembly hall playing bagpipes and Jack handed over a cheque for £1000. Jack was then presented with a regimental plaque and certificate for his efforts.

This was a moving assembly that demonstrated the NTS spirit of giving and showing regard consideration for others. It also followed on from our week of Remembrance assemblies earlier in November. Mr Northwood held Remembrance assemblies for all year groups on the Remembrance theme, holding a one minute silence in each assembly.

Parental Feedback

We have received excellent feedback from each of our parents' evenings this year and will continue to have feedback sheets available for our spring parents' evenings. In the New Year we will be randomly sampling parents to come into school and observe what we do and take part in feedback forums. We welcome any advice you can give us.

Year 9 Inter-Form Rugby League Competition Tournament Review

Mr Hamilton

All eight Year 9 forms participated in the 2012 tournament and this year's theme was the NRL, the Australian competition. This year was undoubtedly the most evenly matched affair with the majority of the games being hard-fought encounters.

In the first round matches Wests Tigers (9NM) were narrowly defeated by reigning champions, 9HS whose adopted team this year was the Penrith Panthers. They edged past the Tigers 16-8 with Holyoak grabbing a hat-trick for the victors and Beaty adding another. The Tigers replied via tries from Warwick and Sloan. South Sydney (9EH) crushed the Gold Coast Titans

(9HW) 28-4. However, this did not reflect the grit and determination shown by HW. 9EH's tries came from Neaves, Green, Thomlinson, Osborne, Christie and a brace from Proudfoot. 9HW could only muster a lone try from Shaw in reply. The third 1st round match saw the New Zealand Warriors (9VB) down St George-Illawarra (9JW) by 24-0. The Warriors scored at will and the rugged Parker led the way with a brace, as did Barton. Allison and Nichol wrapped up the scoring. The final game in this round saw Sydney Roosters (9JP) edge an extremely tight game with the Manly Sea Eagles (9RS), 20-16. Pattinson led the way for 9JP with four tries and was ably supported by Bewley who added the other try. 9RS were unlucky to lose this game as they scored four tries of their own through an Oldham hat-trick and a spectacular effort by Thwaite.

The semi-finals saw some superb rugby league. 9HS just overcame a very stubborn 9EH side by 8-4. That man, Holyoak scored as did Millican. Proudfoot replied for 9EH but they just fell short. In the other semi-final, 9JP's power was the decisive factor as they vanquished 9VB. It was the Pattinson and Bewley show once again as Robbie chipped in with another four tries and Mike with two. In reply, 9VB registered tries through Barton, with a wonderful solo effort and from Nichol and Parker. Parker was perhaps one of the most iconic players of the tournament running strongly with the ball while at the same time, his golden locks flowing in the wind.

A large partisan crowd gathered in the hope that 9JP could end 9HS's two-year winning streak. 90% of the spectators were cheering for the Roosters and the opening exchanges were keenly contested. The final saw a contrast of playing styles; 9JP playing a powerful, forward dominated game with 9HS preferring an expansive style of rugby. The scores were locked-up at 20 all after the end of normal time. Extra-time was then played and it was 9HS who scored to break the hearts of 9JP's fans and players. 9HS showed why they are a champion side; they play right until the final whistle and their self-belief means that they are always confident of victory. Holyoak was the main threat for 9HS and scored four tries and Beaty and Kemp added one each. For the losers, Pattinson added another four try haul and Bewley another to give a final score (after extra time) of 24-20.

Mr Hamilton presented the new trophy to the winning captain and the man of the match, was awarded to Mike Bewley of 9JP for his excellent performance in both defence and attack, despite being on the losing team.

A special thank you must go to Mr Rudd, Oliver Richardson and Dan Hutchinson for helping with the refereeing. They all did a superb job. Special thanks must go to the P.E. Department for donating a splendid trophy for the winners.

Bring on 2013!

Physical Education

Mrs Lee

Netball

The U19 Netball team won through to the U19 County Tournament by winning the North Cumbria event. They travelled to Sedbergh to compete against the runners-up from the north and the winners and runners-up from the south of Cumbria. After a round robin competition they emerged as runners-up in the county, losing only to Sedbergh after a hard fought game. They will now represent Cumbria and Nelson Thomlinson on the 2nd February in the North West tournament against schools

from Lancashire, Manchester and Merseyside. The squad members are: Helen Housby, Sarah Todhunter, Abbie Burton, Charlotte Firth, Jess Gilroy, Emma Blamire, Megan Wetherell, Emily Scott and Zoe Forster.

The U16 netballers also qualified for the County Tournament in their respective age group, playing at Dowdales School. They were runners-up in the section, losing out on going through as winners to the semis by goal difference. They met Sedbergh in the semi-finals and again after a really determined effort in the second half they failed to make the final.

The squad was: Emily Ostridge, Shakayla Okesene, Beth Gebbie, Emma Gebbie, Holly Gordon, Victoria Dean, Molly Gilroy and Leah Mansergh.

The U14 netballers in their county tournament travelled to Windermere School. Unfortunately, they were unsuccessful in reaching the semi-finals but showed great team spirit and determination despite the freezing temperatures.

The squad comprised of: Sophie Scott, Rachel Harrison, Abbie Bowe, Chloe Garrick, Holly Evans, Louise Dennis, Katie Robinson, Katie Scattergood and Caitlin Martindale.

Within the league, teams continue to perform well and practices remain popular in all age groups.

Leadership in Netball Course

Twenty girls in a variety of age groups completed a course in developing their leadership ability in the sport.

Cross-Country

The Intermediate Boys' and Junior Girls' teams travelled to Stockport to compete in the North West regional round of the English Schools' Cup. Both teams were motivated and competitive on the day showing real team spirit. The girls finished 6th and the boys 5th which are both creditable results, particularly competing against schools from Cheshire, Lancashire, Merseyside and Manchester.

Six teams were entered in the Allerdale Championships held on the 30th December. The results were as follows in the team competition:

AGE GROUP	MG	MB	JG	JB
1 ST	NTS	NTS	C'MOUTH	STAIN
2 ND	STAIN	C'MOUTH	NTS	NTS
3 RD	C'MOUTH	KES	STAIN	KES

IG	IB
KES	NTS
C'MOUTH	STAIN
NTS	C'MOUTH

Individually many of our pupils were selected to run for Allerdale at the County Championships on January 19th. Congratulations to them all on their achievement.

U16 FOOTBALL

Mr Clark



The U16 football team made the final 64 of the National English Schools' Cup. In the round of 128 schools, Nelson Thomlinson beat Trinity 1-0 in a hard fought encounter where defences were on top in difficult conditions. Stuart Carruthers scored the only goal of the game to take NTS through to the last 64, but the whole team were outstanding throughout. Next, in the round of 64, NTS travelled to Liverpool to take on Archbishop Beck (which has previously won the competition twice containing two junior England internationals). NTS started brightly and took a deserved lead, again through Carruthers, who appears to enjoy scoring in this competition! Archbishop then fought back with 2 quick goals before Callum Dodd headed home an excellent equaliser to take the game to 2-2 at half time. Unfortunately, on a heavy pitch NTS, were not quite as effective after the break and began to tire, eventually going out of the competition after an excellent run, defeated 7-2. Special mention to Josh Nicholson who was outstanding throughout and gained the Man of the Match award.

REMINDER

To access the colour version of the NTS Newsletter visit the School website.



MERRY

CHRISTMAS!

Spring Term starts on
Monday 7th January
2013