



Public Health  
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**TO: All Schools in Cumbria & Lancashire**

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Dear Colleague

**NOROVIRUS SEASON**

We are writing to highlight the approaching norovirus season. In recent years we have seen an increasing number of norovirus outbreaks and these cause considerable difficulties throughout the community. We are therefore writing to ask for your assistance and to remind you of the importance of being vigilant for diarrhoea and vomiting (D&V) episodes/outbreaks.

**We need your help with preventing and controlling outbreaks in schools**

Early recognition of diarrhoea and/or vomiting outbreaks in schools is vital so that effective control measures can be put in place. Thorough hand washing with liquid soap and water, environmental cleaning and prompt exclusion of affected children or staff, are vital infection control measures during an outbreak of D&V within a school. Children or staff with D&V should return to school until they have been **symptom free for 48 hours**.

An information leaflet about norovirus is enclosed with this letter. If you have any queries, or need advice during a diarrhoea and/or vomiting outbreak, please do not hesitate to call the Cumbria & Lancashire Health Protection Team on 0844 225 0602.

Yours sincerely

**Dr Kenneth Lamden**  
**Consultant in Health Protection**