

# Hockey

## AVERAGE GRADE YOU SHOULD BE AIMING FOR EACH YEAR GROUP

		Possible differentiating SKILLS:	Y7	Y8	Y9	Y10	Y11
<b>8-10 Top GCSE student</b>	<p>Can <b>perform the game to a high level</b> showing flair and originality.</p> <p>Has the ability to <b>influence within the game situation and outwit opponents using complex strategies.</b></p> <p>Has excellent levels of fitness in order to perform at a consistently high standard</p> <p>Understands and evaluates performance and can see how skill, tactics, strategies and fitness affect overall team effectiveness.</p> <p>Highly effective in any role on the pitch.</p> <p>Can lead set pieces e.g. short corners/ hit outs</p>	<ul style="list-style-type: none"> <li>• Reverse stick hit</li> <li>• reverse stick receive</li> <li>• drag flick</li> <li>• block tackle</li> <li>• fitness for game</li> <li>• Overhead (where applicable)</li> </ul>					
<b>7</b>	<p>An <b>advanced level of skill</b> and technique is evident most of the time even under pressure and when outwitting an opponent.</p> <p><b>Can adapt and apply these to suit both defensive and attacking situations.</b></p> <p>Can <b>analyse their own opponent's play using sound technical knowledge,</b> and plan ways to improve team and individual performance.</p> <p>Can play a variety of roles on the pitch</p> <p>Understands how to organise set pieces and is fully involved them.</p>	<ul style="list-style-type: none"> <li>• INDIAN DRIBBLE PAST OPPONENTS SUCCESSFULLY</li> <li>• RECIEVE ON REVERSE SIDE</li> <li>• JAB TACKLE</li> <li>• Pass &amp; receive at speed</li> <li>• UNDERSTAND UMPIRING</li> </ul>					✓
<b>6</b>	<p>Shows a <b>good skill level and shows vision within game situations.</b></p> <p>Will become more influential in the game and outwit opponents with ease.</p> <p>Can change strategies and tactics to exploit opponents' weaknesses.</p> <p>Can analyse and explain how skills etc have been used and suggest ways to improve further.</p>	<ul style="list-style-type: none"> <li>• <b>Positions/roles on the pitch</b></li> <li>• <b>Understands rules</b></li> <li>• Dribbling with control and at speed</li> <li>• Tackling effectively</li> <li>• Pass with accuracy</li> <li>• Stop the ball the majority of the time</li> </ul>				✓	
<b>5</b>	<p>Can <b>consistent replicate skills with control</b> and response to opposition pressure. Able to <b>demonstrate a sound level of tactical awareness</b> and can respond to changing situations by refining their skills and techniques. Can select</p>	<ul style="list-style-type: none"> <li>• <b>Play a full role in small sided games</b></li> <li>• <b>Can stop and pass the ball</b></li> </ul>			✓		

	a <b>very good range of skills to outwit an opponent.</b> Can suggest ways to improve performances.	<ul style="list-style-type: none"> <li>• <b>Doesn't just hit the ball away</b></li> </ul>					
4	<b>Can use skills and techniques together with accuracy</b> to outwit opponents. Can <b>demonstrate skills successfully</b> and begins to <b>understand importance of strategy and tactics</b> when attacking. Can control and pass a ball successfully. Able to <b>compare their own and others work</b> and see the differences so that they can improve their own performance.	<ul style="list-style-type: none"> <li>• <b>Tackle successfully</b></li> <li>• <b>Keep the ball away from their feet</b></li> <li>• <b>Hit</b></li> <li>• <b>Push pass</b></li> <li>• <b>Can perform all skills in isolation and most in a competitive situation</b></li> </ul>		✓			
3	Can use basic techniques in a small sided game and can pass with <b>reasonable accuracy.</b> Can <b>demonstrate techniques</b> usually applied with co-ordination and control to gain an advance over an opponent. <b>Tactically awareness is improving</b> and response to situations has started to vary.	<ul style="list-style-type: none"> <li>• <b>Open side pass</b></li> <li>• <b>Open side stop</b></li> <li>• <b>Dribble with some control</b></li> <li>• <b>Pass to a team member</b></li> <li>• <b>Shoot</b></li> </ul>	✓				
2	Primary school skills						
1	Primary school skills						