PE Department

Programme of Study

Autumn 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 7 Games	Rugby Netball	Rugby Netball	Inter-house Cross Country	Rugby Netball	Rugby Netball	Rugby Netball	Rugby Netball
Year 7 PE	Born to Win Testing	Gym Dance	Gym Dance	Gym Dance	Gym Dance	Gym Dance	Changeover Dance Gym

Autumn 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 7 Games	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey (Cross Country)	Dodgeball
Year 7 PE	Dance Gym	Dance Gym	Dance Gym	Dance Gym	Year 11 Mocks Exam Prep/Fitness	Year 11 Mocks Exam Prep/ Fitness	Dodgeball

Spring 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 7 Games	Rugby Netball	Rugby Netball	Rugby Netball	Rugby Netball	Rugby Netball	Cross Country
Year 7 PE	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball

Spring 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 7 Games	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey
Year 7 PE	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Dodgeball

Autumn 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 8 Games	Rugby Netball/Hockey	Rugby Netball/Hockey	Inter-house Cross Country	Rugby Netball/Hockey	Rugby Netball/Hockey	Rugby Netball/Hockey	Rugby Netball/Hockey
Year 8 PE	Born to Win Testing	Gym Dance	Gym Dance	Gym Dance	Gym Dance	Gym Dance	Changeover Dance Gym

Autumn 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 8 Games	Football Hockey/Netball	Football Hockey/Netball	Football Hockey/Netball	Football Hockey/Netball	Football Hockey/Netball	Football Hockey/Netball (Cross Country)	Dodgeball
Year 8 PE	Dance Gym	Dance Gym	Dance Gym	Dance Gym	Year 11 Mocks Exam prep/ Fun fitness	Year 11 Mocks Exam prep/ Fun fitness	Dodgeball

Spring 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 8 Games	Rugby Netball	Rugby Netball	Rugby Netball	Rugby Netball	Rugby Netball	Cross Country
Year 8 PE	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball

Spring 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 8 Games	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey	Football Hockey
Year 8 PE	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Dodgeball

Autumn 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 9 Games	Rugby/ Football(SK/PH) Netball	Rugby/ Football(SK/PH) Netball	Inter-house Cross Coutry	Rugby/ Football(SK/PH) Netball	Rugby/ Football(SK/PH) Netball	Rugby/ Football(SK/PH) Netball	Rugby/ Football(SK/PH) Netball
Year 9 PE	Born to Win Testing	Badminton Volleyball	Badminton Volleyball	Badminton Volleyball	Badminton Volleyball	Badminton Volleyball	Changeover Volleyball Badminton

Autumn 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Year 9 Games	Football Rugby (SK/PH) Hockey	Football Rugby (SK/PH) Hockey	Football Rugby (SK/PH) Hockey	Football Rugby (SK/PH) Hockey	Football Rugby (SK/PH) Hockey	Football Rugby (SK/PH) Hockey	Dodgeball Year 9 exam?
Year 9 PE	Volleyball Badminton	Volleyball Badminton	Volleyball Badminton	Volleyball Badminton	Year 11 Mocks Exam prep/	Year 11 Mocks Exam prep/ Fitness	Dodgeball

Spring 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 9 Games	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates
Year 9 PE	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball

Spring 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 9 Games	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates	See staff board for rotation activities/ dates
Year 9 PE	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Dodgeball