

Areas to consider	Implications for the NTS PE Department
Pupil Learning	<p>Possibly use NF / GTS where possible to reduce class size.</p> <p>Safety first approach. Fun & enjoyable as part of recovery for mental health. Recovery curriculum will also aim to increase fitness levels.</p> <p>Masks to be worn by staff (AM, SR, LJP, GDC) in Year 8 PE (Gym) when supporting pupils on the vault in gymnastics.</p> <p>*July 9th update from the government suggests some contact sports can start again from 25th July *We will continue to monitor this ever changing situation as each NGBs will produce guidelines specific to their sport.</p>
Protective Measures & Hygiene	<p>One way system in the PE block to be introduced. Boys will enter through the main sports hall door and girls will enter through the PIB.</p> <p>Washing hands before and after lessons will be insisted Wash stations will be set up in all changing areas and indoor facilities.</p>
Changing Areas & PE Clothing	<p>PE and Games lessons will end 5 minutes earlier than usual to allow sufficient cleaning time between lessons. Pupils will be required to wipe down the area they have used with regards to changing (pegs, bench area) with wipes provided.</p> <p>Pupils to change for PE lessons as normal - but with staff insistent on social distancing - therefore more staff checks will be made during the changing periods before and after lessons.</p> <p>For Games lessons (where the numbers of pupils are much larger than PE lessons) pupils will be allowed to come to school in their Games kit. They must wear their blazer /jumper (Y11) over their games top (no hoodies will be allowed). Boys to wear black/navy tracksuit pants and girls to wear black sports leggings.</p>

	<p>In the event pupils get muddy/wet, each group will go to separate changing facility to change into their spare clothes. THEREFORE, ALL PUPILS WILL REQUIRE A CHANGE OF CLOTHES AND SHOES</p> <p>For Games lessons, we have decided to reduce the risk of transmission of COVID-19 by using additional changing areas. When 5/6 groups of pupils are timetabled for Games, Boys groups will be split into a maximum of 20 pupils and split into the pavillion/ changing rooms and sports hall to change. Whereas the girls will use both the changing rooms and PIB with specific bag areas for each group to use in order to maintain their safety.</p>
Teaching Areas	<p>Outdoor lessons will be encouraged and programmes will be adapted where possible to allow this (weather permitting) When pupils are working physically indoors, the emergency doors in both the sports hall and gym will be open to allow circulation of air.</p>
PE Equipment	<p>Equipment will be cleaned between each use. Depending on the activity being taught, pupils will either keep a piece of equipment throughout the lesson (e.g. hockey stick) which will be wiped down at the end of the lesson. Sharing of equipment during a lesson will be discouraged at this stage. Teachers and TAs will support the cleaning of the equipment and additional cleaning of equipment will take place.</p>
Washing Hands/Hand Sanitiser	<p>Pay scrupulous attention to cleaning and hygiene. Opportunities for handwashing before and after the lesson will be available. Hand sanitiser will be available for students to use throughout the day. This is in addition to regular handwashing.</p>