

# ACTIVITIES to be completed by end of Sixth Form - Expert Level



## Career Basics

Finding a job that matches your needs  
Why should I bother about a job with a pension?



## Self Awareness

Finding Opportunities to keep developing  
What is resilience?  
How to manage your emotions



## Moments of Choice

Your next move (Post 18)  
An overview of your options (Post 18)  
Choosing the right University course (post 18)  
Choosing the right apprenticeship (Post 18)



## Skills

What are your skills gaps?  
What is your plan to keep developing skills?



## Work Experience

What work experience have you got in your START Profile?  
What work experience will you get on your Degree?



## Explore the Labour Market

What is company culture?  
Large & small companies: the difference  
Could you start your own business?



## Applying for Jobs

Fine Tuning your CV  
Fine tuning your interview skills  
Using LinkedIn & social media effectively  
Get on the front foot for apprenticeship and graduate jobs